# **CBCS SYLLABUS**

**FOR** 

THREE YEARS UNDER-GRADUATE COURSE

IN

**PHYSIOLOGY (HONOURS)** 

(w.e.f. 2017)



BANKURA UNIVERSITY
BANKURA
WEST BENGAL
PIN 722155



# **CONTENTS**

SL. No.	Subject Matter	Page No.
1.	Introduction	3
2.	Scheme for CBCS Curriculum	4-11
	2.1 Credit Distribution across Courses	4
	2.2 Scheme for CBCS Curriculum in Physiology(Honours)	5-11
	2.3 Choices for Discipline Specific Electives	12
	2.4 Choices of Skill Enhancement Courses	12
3.	Core Courses (Physiology Honours CC 1 to 14)	13-32
4.	Discipline Specific Elective Courses (DSE 1 to 8)	33-40
5.	Skill Enhancement Courses (SEC 1 to 2)	41-42
6.	Generic Elective Courses (GE 1 to 4)	43-47



### 1. Introduction

The syllabus for Physiology at undergraduate level using the Choice Based Credit system has been framed in compliance with UGC CBCS Guidelines. The purpose of the course is to standardize physiology teaching at undergraduate level throughout the state.

The main objective of framing this new syllabus is to give the students a holistic understanding of the subject giving substantial weightage to both the core content and techniques used in Physiology.

The course content also lists new practical exercises, so that the students get a hands-on experience of the latest techniques that are in current usage both in the advanced research laboratories and in Industry. The syllabus will equip all undergraduate students with knowledge on basic physiological mechanisms with references to their implications in pathogenesis of disease and the physiological basis of their management.



# 2. Scheme for CBCS Curriculum

#### **Credit Distribution across Courses** 2.1

		Cr	edits
Course Type	Total Papers	Theory + Practical	Theory*
Core Courses	14	14*4 =56	14*5 =70
core courses	14	14*2 =28	14*1=14
Discipline Specific		4*4=16	4*5=20
Electives	4	4*2=8	4*1=4
Generic Electives	4	4*4=16	4*5=20
Generic Liectives	4	4*2=8	4*1=4
Ability Enhancement		1*2=2 (ENG/	1*2=2 (ENG/
	2	MIL)	MIL)
Language Courses		1*4=4 (ENVS)	1*4=4 (ENVS)
Skill Enhancement			
	2	2*2=4	2*2=4
Courses			
Totals	26	142	142

<sup>\*</sup>Tutorials of 1 Credit will be conducted in case there is no practical component



# 2.2 Scheme for CBCS Curriculum in Physiology (Honours)

# SEMESTER -

Course Code	Course Title	Credit	Marks			No. of Hours/Week		
			I.A.	ESE	Total	Lec.	Tu.	Pr.
SH/PHY/	CT-1: Cellular Basis of Physiology	4	10	25	50	4	N.A	4
101/C-1	CP-1: Cellular Basis of Physiology Lab							
		2		15				
SH/PHY/	CT-2:Biological Physics and Enzymes	4	10	25	50	4	N.A	4
102/C-2	CP-2:Biological Physics and Enzymes							
	Lab	2		15				
	Any one of the following							
SH/PHY/	GET-1: Community and Public Health	4	10	25	50	4	N.A	4
103/GE-1	GPT-1: Community and Public Health							
	Lab	2		15				
	Or							
	GET1: Instrumentation							
	GEP1: Instrumentation Lab							
ACSHP/104/	Environmental Studies	4	10	40	50	4	N.A	N.A
AECC-1		22	40	400	200	4.0		40
<b>Total in Sen</b>	iester - 1	22	40	160	200	16		12



# SEMESTER -II

Course	Course Title	Course Title Credit Marks No. of Hours/Wee			Marks No			Week
Code			I.A.	ESE	Total	Lec.	Tu.	Pr.
SH/PHY/ 201/C-3	CT-3: Physiology of Nerve and Muscle Cells	4	10	25	50	4	N.A	4
	CP-3: Physiology of Nerve and Muscle Cells Lab	2		15				
SH/PHY/ 202/C-4	CT-4: Chemistry of Biomolecules	4	10	25	50	4	N.A	4
	CP-4: Chemistry of Biomolecules Lab	2		15				
SH/PHY/ 203/GE-2	Any one of the following GET-2: Developmental Biology and Embryology	4	10	25	50	4	N.A	4
	GEP-2: Developmental Biology and Embryology Lab	2		15				
ACSHP/204/ AECC-2	English/Hind/MIL	2	10	40	50	2	N.A	N.A
Total in Sen	nester - II	20	40	160	200	14		12



# **SEMESTER -III**

Course Code	Course Title	Credit	Marks			No. of Hours/Week		
			I.A.	ESE	Total	Lec.	Tu.	Pr.
SH/PHY/ 301/C-5	CT-5: Circulating Body Fluids	4	10	25	50	4	N.A	4
301/6-3	CP-5: Circulating Body Fluids Lab							
		2		15				
SH/PHY/ 302/ C-6	CT-6: Circulation	4	10	25	50	4	N.A	4
302/ C-0	CP-6: Circulation Lab	2						
				15				
SH/PHY/	CT-7: Functions of the Nervous	4	10	25	50	4	N.A	4
303/C-7	System	2						
	CP-7: Functions of the Nervous System Lab			15				
	Any one of the following	4	10	25	50	4	N.A	4
SH/PHY/3 04/GE-3	GET-3: Environmental Pollution and Human Health	2						
04/GL-3				15				
	GEP-3: Environmental Pollution and Human Health Lab							
	Any one of the following							
SH/PHY/ 305/SEC-1	SECP-1: Detection of Food Adulteration Lab	2	10	40	50	N.A	N.A	4
	Or							
	SECP-1: Hematological Techniques Lab							
Total in S	emester - III	26	50	200	250	16		20



# SEMESTER -IV

Course Code	Course Title	Credit	Marks			No. of Hours/Week			
			I.A.	ESE	Total	Lec.	Tu.	Pr.	
SH/PHY/40 1/C-8	CT-8: Energy Balance, Metabolism, and Nutrition	4	10	25	50	4	N.A	4	
1/00	and reachion	2							
	CP-8: Energy Balance, Metabolism,			15					
	and Nutrition Lab								
SH/PHY/40	CT-9: Gastrointestinal Function	4	10	25	50	4		4	
2/C-9	CP-9: Gastrointestinal Function Lab	2							
				15					
SH/PHY/40	CT-10: Respiration	4	10	25	50	4	N.A	4	
3/C-10	CP-10: Respiration Lab	2							
				15					
SH/PHY/ 404/GE-4	GET-4: Biotechnology	4	10	25	50	4	N.A	4	
404/GE-4	GEP-4: Biotechnology Lab	2							
				15					
SHPHY/ 405/SEC-2	Any one of the following SECT-1: Clinical Biochemistry Or	2	10	40	50	2	N.A	N.A	
	SECT-1: Pathological Microbiology and Bio-Medical Technology								
Total in Se	mester - IV	26	50	200	250	18		16	



# SEMESTER - V

Course Code	Course Title	Credit		Marks		No. of Hours/We			
			I.A.	ESE	Total	Lec.	Tu.	Pr.	
SH/PHY/ 501/C-11	CT-11: Special Senses	4	10	25	50	4	N.A	4	
301/C-11	CP-11: Special Senses Lab	2		15					
SHPHY/	CT-12: Endocrinology	4	10	25	50	4		4	
502/C-12	CP-12: Endocrinology Lab	2		15					
	Any one of the following	4	10	25	50	4	N.A	4	
SH/PHY/ 503/DSE-1	DSET-1: Biological Statistics	2							
	DSEP-1: Biological Statistics Lab			15					
	Or								
	DSET-1: Human Nutrition and Dietetics								
	DSEP-1: Human Nutrition and Dietetics Lab								
	Any one of the following	4	10	25	50	4	N.A	4	
SH/PHY/ 504/DSE-2	DSET-2: Microbiology and Immunology	2		15					
	DSET-2: Microbiology and Immunology Lab								
	Or								
	DSET-2: Genetics and Molecular Biology								
	DSEP-2: Genetics and Molecular Biology Lab								
Total in Sen	nester – V	24	40	160	200	16		16	



# SEMESTER - VI

Course	Course Title	Credit	Marks					_			
Code										urs/W	1
CH/DHV/			I.A.	ESE	Total	Lec.	Tu.	Pr.			
SH/PHY/ 601/C-13	CT13: Reproduction	4	10	25	50	4	N.A	4			
•	CP13: Reproduction Lab	2									
				15							
SH/PHY/	CP14: Formation and Excretion	4	10	25	50	4	N.A	4			
602/C-14	of Urine	2		15							
	CP14: Formation and Excretion	2									
	of Urine Lab										
SH/PHY/	Any one of the following DSET-3: Ergonomics and	4	10	25	50	4	N.A	4			
603/DSE-3	Occupational Physiology	2		15							
	DCED 2 . Ergonomics and										
	DSEP-3: Ergonomics and Occupational Physiology Lab										
	Or										
	DSET-3: Environmental Physiology										
	DSEP-3: Environmental Physiology Lab										
SH/PHY/	Any one of the following	4	10	25	50	4	NI A	4			
604/DSE-4	DSET-4: Sports and Exercise	4		25 15		4	N.A	4			
	Physiology	2									
	DSEP-4: Sports and Exercise Physiology Lab										
	Or										
	DSET-4: Nano-biotechnology			40		6	N.A	N.A			
	and Bioinformatics [* In case of	6	10		50	O	N.A	N.A			
	DSET-4 (Or) Lecture hour = 18]										
Total in Se	mester – VI	24	40	160	200	16*		16			



N.B. Theory:- 1 Credit= 1 hour/Week, Practical:- 1 Credit= 2 hours/Week, Tutorial:- 1 Credit= 1 hour/Week

SH = Science Honours, PHY= Physiology, ACSHP= Arts Commerce Science Honours Pass, C= Core Course, AECC= Ability Enhancement Compulsory Course, SEC= Skill Enhancement Course, GE= Generic Elective, DSE= Discipline Specific Elective IA= Internal Assessment, ESE= End-Semester Examination, Lec.=Lecture, Tu.= Tutorial, and Prc.=Practical



# **2.3** Choices for Discipline Specific Electives

Discipline Specific Elective – 1	Discipline Specific Elective – 2	Discipline Specific Elective – 3	Discipline Specific Elective – 4
DSET-1: Biological Statistics	DSET-2: Microbiology and Immunology	DSET-3: Ergonomics and Occupational Physiology	DSET-4: Sports and Exercise Physiology
DSEP-1: Biological Statistics Lab	DSEP-2: Microbiology and Immunology Lab	DSEP-3 : Ergonomics and Occupational Physiology Lab	DSEP-4: Sports and Exercise Physiology Lab
Or	Or	Or	Or
DSET-1: Human Nutrition and Dietetics  DSEP-1: Human Nutrition and Dietetics Lab	DSET-2: Genetics and Molecular Biology DSEP-2: Genetics and Molecular Biology Lab	DSET-3: Environmental Physiology DSEP-3: Environmental Physiology Lab	DSET-4: Nano- Biotechnology and Bioinformatics

# 2.4 Choices of Skill Enhancement Courses

Skill Enhancement Course-1	Skill Enhancement Course-2
SECP-1: Detection of Food Adulteration Lab	SECT-1: Clinical Biochemistry
Or	or
SECP-1: Hematological Techniques Lab	SECT-1: Pathological Microbiology and Bio- Medical Technology



# 3. Core Courses

# Semester – I

# 3.1 Core T1 - Cellular Basis of Physiology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25]

4 Credits

#### Unit 1

- 1. Introduction
- 2. Body Fluid Components Blood, Lymph, Tissue fluid, CSF, Synovial fluid (Composition and function)
- 3. Organ Systems, Tissues Special emphasis on connective tissue, areolar tissue, and Cells ciliated epithelium and glandular cells.
- 4. Functional Morphology of Cell Mitochondria, Ribosome, Lysosome, Golgi body and Endoplasmic Reticulum
- 5. Transport Across cell Membranes Active, Passive, Carrier mediated, Antiport and Symport.
- 6. Intercellular Communication Gap junction, Tight junction, Intercalated disc, Desmosomes.

### Unit 2

- 1. Cell Cycle Different phases of cell cycles, regulation, check points of cell cycle.
- 2. Cell Division
  - a. Mitosis
  - b. Meiosis Special emphasis on Homologous, Heterologous, Chiasma, Crossing over, Recombination, Disjunction of chromosome.
- 3. Homeostasis General concept of types of homeostasis.
- 4. Aging Etiology, Physiology, Metabolic changes and Management.

# 3.2 Core P1 - Cellular Basis of Physiology Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15]

2 Credits

#### **List of Practical:**

- 1. Introduction on: Principle, use and function of different components of microscope.
- 2. Introduction on permanent slides Applied value.
- 3. Study and Identification of Stained Sections of Different Mammalian Tissues and Organs:
  Bone, Cartilage, Trachea, Lungs, Spleen, Lymph gland, Esophagus, Stomach, Duodenum, Ileum,
  Jejunum, large Intestine, Liver, Kidney, Ureter, Salivary glands, Pancreas, Adrenal gland, Thyroid
  gland, Testes, Ovary, Spinal Cord, Cerebral cortex, Cerebellum, Skin, Cardiac muscle, Skeletal
  muscle, Smooth muscle, Artery, Vein, Tongue, Uterus.



# 3.3 Core T2 – Biological Physics and Enzymes

[Theory: Credits 4 (4 Lectures /Week)/ Marks 25]

#### Unit 1

- 1. Study of units for Measuring Concentration of solutes: Normality, Moles, Equivalents, Osmoles
- 2. Principles of dilution, Definition of pH, Buffer, Operating Principle of Buffer (Brief idea), Acids and Bases.

#### Unit 2

- 1. Bonds and Forces in Biomolecules.
- 2. Colloids Definition, Types, Properties and Importance.
- 3. Osmosis and Diffusion Definition and Physiological importance.
- 4. Surface tension, Specific Gravity Definition and Physiological importance.
- 5. Viscosity and Resistance Definition and Physiological importance.
- 6. Flow and Pressure Biophysical aspect and Physiological importance
  - a. Laminar and Streamline flow
  - b. Poiseuille-Hagen Formula
  - c. Laws of Laplace
- 7. Dialysis and Ultracentrifugation Definition, Principle, Application.
- 8. Chromatography Definition, Principle, Applied value of major types (Paper Chromatography and TLC), HPLC (in brief)

### Unit 3

- 1. Electrophoresis Gel, SDS-Page Definition, Principle and Applied value.
- 2. Autoradiography Definition, Principle and Applied value.
- 3. Cell Fractionation and Tracer Techniques Process and Applied value.
- 4. Nanoparticles and its application in Physiology
- 5. Thermodynamics -1<sup>st</sup> Law, 2<sup>nd</sup> Law, Entropy, Enthalpy, Gibbs Free Energy- General concept and application in human body.

#### Unit 4

- 1. A study of Enzymes:
  - a. Structure, Coenzymes, Prosthetic Groups, Apoenzyme, Holoenzyme.
  - b. Mechanism of enzyme action
  - c. Kinetics
  - d. Michaelis constant
  - e. Enzyme Inhibition
  - f. Modulation of Enzymes Activities
  - g. Factors regulating enzyme activities
  - h. Isoenzymes, Allosteric enzymes
  - i. Pro- enzymes
  - j. Ribozymes, Abzymes
  - k. Concept of Rate limiting enzymes Definition and features.



# 3.4 Core P2 – Biological Physics and Enzymes Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15]

2 Credits

### **List of Practical**

- 1. Determination of Systolic, Diastolic, Pulse and Mean Blood Pressure by non-invasive methods (Auscultatory Method).
- 2. Determination of enzyme activities (e.g., SOD, CAT, Amylase, Transaminase etc.).
- 3. Demonstration of oncotic pressure of colloidal solutions.

### **Suggested Readings**

- 1. Rastogy, S. C. (2005). Cell and molecular biology. New Age International Publishers.
- 2. Das, D. (2008). Biochemistry. Academic Publishers.
- 3. Das, D. (2004). Biophysics and Biophysical Chemistry. Fifth Edition. Academic Publishers
- 4. Satyanarayana, U. and Chakrapani. U. (2013). Biochemistry. 4th Edition. Elsevier India.
- 5. Keele, C.A., Neil, E., Toels N. (1982). Samson Wright's Applied Physiology. Thirteenth Edition. Oxford University Press.
- 6. Mescher, A.L.(2013). Junqueira's Basic Histology Text and Atlas. Thirteen Edition. The Tata McGraw Hill Companies.
- 7. Ross, M.H, and Reith, E.J. (2011). Histology A Text and Atlas. Sixth Edition. The Williams and Wilkins Company.
- 8. Bailey's Text Book of Histology, revised by W.M.Copenhaver; The Williams and Wilkins Company
- 9. Eroschenko, V.P. (2012). Difiore's Atlas of Histology: With Functional Correlations. Twelfth Edition. Lippincott Williams Wilkins Company.
- 10. 16. Hardin, J., Becker, G., Skliensmith, L.J. (2012). Becker's World of the Cell, Pearson Education, Inc. U.S.A. 8th edition.
- 11. Cooper, G.M. and Hausman, R.E. (2009). The Cell: A Molecular Approach. 5th edition. ASM Press & Sunderland, Washington, D.C.; Sinauer Associates, MA.
- 12. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Forth Edition. Current Books International.
- 13. K Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 14. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 15. Chatterjee, C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 16. Chaudhuri, S.K.(2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 17. Roy, R.N. A.(2015). Text Book of Biophysics. New Central Book Agency (P) Ltd.



# **B.Sc.(Honours) Physiology**

CBCS w.e.f. 2017-18

- 18. Alberts, B. Johnson, A. Lewis, J. Raff. M. (2008). Molecular Biology of the Cell.
- 19. Note Books on Practical Biochemistry. Published by The Physiological Society of India. Kolkata.
- 20. Note Books on Practical Histology. Published by The Physiological Society of India. Kolkata.
- 21. Babaharik Sharir Bigyan. Jogen Debnath (2008). Shreedhar Prokashani, Kolkata.
- 22. Pal, G.K. Pal, P. (2013). Textbook of Practical Physiology. Third Edition. Universities. Press.



# Semester - II

# 3.5 Core T3 – Physiology of Nerve and Muscle Cells

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

**Excitable Tissue: Nerve** 

- 1. Introduction
- 2. Nerve Cells
- 3. Excitation and Conduction
- 4. Different Electrical Events Depolarization, Repolarization and Hyperpolarization.
- 5. Ionic Basis of Excitation and Conduction
- 6. Properties of Mixed Nerves
- 7. Nerve Fiber Types and Function
- 8. Neurotrophins Definition, Chemical nature and Function.
- 9. Glia cells.

#### **Excitable Tissue: Muscle**

- 1. Introduction
- 2. Skeletal Muscle
  - a. Morphology Structure and Function.
  - b. Electrical Phenomena and Ionic Fluxes
  - c. Contractile Responses
  - d. Energy Sources and Metabolism
  - e. Properties of Muscle in the Intact Organism
- 3. Cardiac Muscle
  - a. Morphology Structure and Function.
  - b. Electrical Properties
  - c. Mechanical Properties
  - d. Metabolism
  - e. Pacemaker Tissue
- 4. Smooth Muscle
  - a. Morphology Structure and Function.
  - b. Visceral Smooth Muscle
  - c. Multi-Unit Smooth Muscle

### **Synaptic and Junctional Transmission**

- 1. Introduction
- 2. Synaptic Transmission
  - a. Functional Anatomy
  - b. Electrical Events at Synapses
  - c. Inhibition and Facilitation at Synapses
  - d. Chemical Transmission of Synaptic Activity
  - e. Principal Neurotransmitter Systems

# **B.Sc.**(Honours) Physiology

CBCS w.e.f. 2017-18

- f. Synaptic Plasticity and Learning
- 3. Neuromuscular Transmission
  - a. Neuromuscular Junction Anatomy, Mechanism of Signal Transduction and Function.
  - b. Denervation Hypersensitivity (In brief)

### **Initiation of Impulses in Sense Organs**

- 1. Introduction
- 2. Sense Organs and Receptors
- 3. Electrical and Ionic Events in Receptors
- 4. "Coding" of Sensory Information

# 3.6 Core P3 – Physiology of Nerves and Muscle Cells Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

### **List of Practical**

- 1. Study of Kymograph, Induction coil, Key and other instruments used to study mechanical responses of skeletal muscle.
- 2. Isolation and Staining of nerve fibres with node(s) of Ranvier (AgNO3) and muscle fibres (Methylene blue).
- 3. Calculation of Latent period, Contraction period, Relaxation period, Maximum height of contraction from the normal curve (Curve to be provided), Interpretation.
- 4. Calculation of effect of hot, cold, load on above mentioned components in simple muscle curve (curve to be provided.)

# 3.7 Core T4 – Chemistry of Biomolecules

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

# **Carbohydrates**

- 1. Classification of Carbohydrates
- 2. Structure of Carbohydrates

- 3. Properties of Carbohydrates
- 4. Functions of Carbohydrates

# **Proteins and Lipids**

- 1. Classification of Proteins and lipids
- 2. Structure of Proteins and lipids
- 3. Properties of Proteins and lipids
- 4. Functions of Proteins and lipids

### **DNAs and RNAs**

- 1. Structure of DNA and RNA
- 2. Types of DNA and RNA
- 3. Functions of DNA and RNA

# 3.8 Core P4 – Chemistry of Biomolecules Lab [Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15]

#### **List of Practical**

- 1. Introduction of qualitative assessment of physiologically important biomolecules.
- Qualitative tests for the identification of physiologically important substances:
   Hydrochloric acid, lactic Acid, Uric Acid, Glucose, Galactose, Fructose, Sucrose, Lactose, Albumin,
   Gelatin, Peptone, Starch, Dextrin, Urea, Glycerol, Bile salts- Systematic analysis and Confirmatory test.

### **Suggested Readings**

- 1. Mahapatra, A.B.S.M. (2011). Essentials of Medical Physiology Practical. First Edition. Current Books International'.
- 2. Ghai, C.L. A Text Book of Practical Physiology. 8<sup>th</sup> Edition. Jaypee.
- 3. Hall J.E. (2016). Guyton & Hall Textbook of Medical Physiology. Second South Asia Edition.
- 4. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Forth Edition. Current Books International.
- 5. Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Javoee.
- 6. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 7. Chatterjee, C.C. (2016). Human Physiology Volume 2. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 8. Chaudhuri, S.K.(2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 9. Das, D. (2008). Biochemistry. Academic Publishers.
- 10. Upadhyay, Upadhyay, Nath. Biophysical Chemistry. Himalaya Publishing House.
- 11. Nelson D.L and Cox M.M. (2017) Lehninger Principles of Biochemistry, 7th Edition., W.H. Freeman and Company.
- 12. Campbell, M.K. (2012) Biochemistry, 7th ed., Published by Cengage Learning.
- 13. Satyanarayana, U. and Chakrapani. U. (2013). Biochemistry. 4<sup>th</sup> Edition. Elsevier India.

# **B.Sc.(Honours) Physiology**

CBCS w.e.f. 2017-18

- 14. Core Text Book Of Neuro-Anatomy, by M.B.Carpenter: the Williams and Wilkins Company.
- 15. Berg, J.M. (Author), Tymoczko, J.L. Stryer, L. (2006). Biochemistry: International Edition
- 16. Charles Nobach .The Human Nervous System. Mc Graw Hill Book Co.
- 17. Berne , R.M. and Levy M.N. Physiology. C.V.Mosby Co.
- 18. Guyton, A.C. Hall, J.E. (2007) Text Book of Medical Physiology. Eleventh Edition. W.B. Saunders Co.
- 19. Barrett, K. E. Barman, S.M., Boitano, S. Brooks, H.L. (2012). Ganong's Review of Medical Physiology. 24<sup>th</sup> Edition. Lange Medical Book. Prentice-Hall International.
- 20. Pal, G.K. Pal, P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 21. Shepherd.G.M. Neurobiology. Oxford University Press.
- 22. Chadha, P.V. Handbook of Experimental Physiology and Biochemistry. Jaypee Brothers Medical Publishers.
- 23. Babaharik Sharir Bigyan: Jogen Debnath, Shreedhar Prokashani, Kolkata.
- 24. Murray, R.K. Granner, D.K. Mayes, P.A. Rodwell, V.W. (2000). Harper's Biochemistry. 25<sup>th</sup> Edition. McGraw-Hill.
- 25. Voet, D and Voet, J.G. (2004). Biochemistry. 3<sup>rd</sup> Edition. Hohn Wiley and Sons Inc.



# Semester – III

# 3.9 Core T5 - Circulating Body Fluids

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25]

4 Credits

# **Concepts in theory**

- 1. Introduction
- 2. Blood Components and general function.
- 3. Bone Marrow Red and yellow
- 4. White Blood Cells
- 5. Immune Mechanisms
- 6. Platelets
- 7. Red Blood Cells Erythropoiesis, Hemoglobin-types, synthesis and fate.
- 8. Blood Types Group and Rh typing.
- 9. Plasma, Hemostasis Definition, factors, modern concept and abnormalities in Hemostasis.
- 10. Lymph Formation, circulation, Function.
- 11. Clinical implication of different components of blood.

# 3.10 Core P5 – Circulating Body Fluids Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

### **List of Practical**

- 1. Preparation and staining of blood film with Leishman's stain.
- 2. Identification of the blood corpuscles.
- 3. Differential count of WBC.
- 4. Total count of RBC and WBC.
- 5. Bleeding time and clotting time.
- 6. Hemoglobin estimation.
- 7. Preparation of haemin crystal.
- 8. Preparation and staining of bone marrow and stage.
  - a. Measurement of diameter of megakaryocyte.
- 9. Reticulocyte staining.
- 10. Blood group determination and Rh typing.

3.11 Core T6 – Circulation

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25]

Origin of the Heart Beat and the Electrical Activity of the heart

4 Credits

- 1. Introduction
- 2. Origin and Spread of Cardiac Excitation
- 3. The Electrocardiogram Electrical Axis of heart, Einthoven Law and Tangle, Leads and different waves
- 4. Cardiac Arrhythmias
- 5. Electrocardiographic Findings in Other Cardiac & Systemic Diseases, hypertrophy and cardiac myopathy

# The Heart as a Pump

- 1. Introduction
- 2. Mechanical Events of the Cardiac Cycle
- 3. Cardiac Output Definition, types, factors and measurement.

# **Dynamics of Blood & Lymph Flow**

- 1. Introduction
- 2. Anatomic and Biophysical Considerations of
  - a. Arterial and Arteriolar Circulation
  - b. Capillary Circulation
  - c. Lymphatic Circulation and Interstitial Fluid Volume
  - d. Venous Circulation

# **Cardiovascular regulatory Mechanisms**

- 1.Introduction
- 2. Local Regulatory Mechanisms
- 3. Substances Secreted by the Endothelium
- 4. Systemic Regulation by Hormones and Nervous system

# **Circulation Through special Regions**

- 1. Introduction
- 2. Cerebral Circulation
  - a. Anatomic Considerations
  - b. Cerebrospinal Fluid
  - c. The Blood-Brain Barrier
  - d. Cerebral Blood Flow
  - e. Regulation of Cerebral Circulation
  - f. Brain Metabolism and Oxygen Requirements
- 3. Anatomy, Regulation and Peculiarities of
  - a. Coronary Circulation
  - b. Splanchnic Circulation
  - c. Circulation of the skin
  - d. Placental & Fetal Circulation

# Cardiovascular Homeostasis in Health & Disease

- 1. Introduction
- 2. Compensation for Gravitational Effects

- 3. Exercise
- 4. Inflammation and Wound Healing (in brief)
- 5. Shock (in brief)
- 6. Hypertension (in brief)
- 7. Heart Failure, stroke (in brief)

# 3.12 Core P6 - Circulation Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

### **List of Practical**

- 1. Introduction and preparation of Amphibian Ringer solution.
- 2. Study of the effects of changes in perfusion fluid pressure, changes in temperature, excess calcium and potassium ion concentration, acetylcholine, adrenaline on the movement of heart from supplied graph Interpretation.
- 4. Computation of HR, PQ interval, QRS complex, PR interval from supplied ECG recording graph.

# 3.13 Core T7 - Functions of the Nervous System

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### Reflexes

- 1. Introduction of Reflex-Conditioned, Uncondition, Mono synaptic, disynaptic and Poly synaptic. Reflex Arch- Component.
- 2. Monosynaptic Reflexes: The Stretch Reflex
- 3. Polysynaptic Reflexes: The Withdrawal Reflex
- 4. General Properties of Reflexes

#### Cutaneous, Deep & Visceral Sensory and Motor Pathways.

- 1. Introduction of Neural Pathways-
- 2. Origin, Course, Termination and Function of
  - a) Touch
  - b) Proprioception
  - c) Temperature
  - d) Pain
  - e) Pyramidal and Extrapyramidal Pathways

### Arousal Mechanisms, Sleep, and the Electrical Activity of the Brain

- 1. Introduction
- 2. The Reticular Formation and the Reticular Activating System
- 3. The Thalamus and the Cerebral Cortex
- 4. Evoked Cortical Potentials
- 5. The Electroencephalogram
- 6. Physiological Basis of the EEG, Consciousness, and Sleep
- 7. Interpretation of abnormal EEG pattern

#### **Control of Posture and Movement**

1. Introduction

- 2. General Principles
- 3. Corticospinal and Corticobulbar System
- 4. Anatomy and Function
- 5. Posture and its regulation
- 6. Basal Ganglia
- 7. Cerebellum
- 8. Movement disorders

# The Autonomic Nervous System

- 1. Introduction
- 2. Anatomic Organization of Autonomic Outflow
- 3. Chemical Transmission at autonomic Junctions
- 4. Responses of Effector Organs to Autonomic Nerve Impulses
- 5. Cholinergic and Adrenergic Discharge

# **Central Regulation of Visceral Function**

- 1. Introduction
- 2. Medulla Oblongata
- 3. Hypothalamus
  - a. Anatomic Considerations
  - b. Hypothalamic Function
  - c. Relation to Autonomic Function
  - d. Relation to Sleep
  - e. Relation to Cyclic Phenomena
  - f. Hunger
  - g. Thirst
  - h. Control of Posterior Pituitary Secretion
  - i. Control of Anterior pituitary Secretion
  - j. Temperature Regulation, fever

#### **Neural Basis of Instinctual Behaviour and Emotions**

- 1. Introduction
- 2. Anatomic Considerations
- 3. Limbic Functions
- 4. Sexual Behavior
- 5. Fear and Rage

# **Higher Functions of the Nervous System**

- 1.Introduction
- 2. Learning General concept and Memory Short term and Long term
- 4. Functions of the Neocortex
- 5. Disorders relating learning and memory

# 3.14 Core P7 – Functions of the Nervous System Lab

# [Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits List of Practical

- 1. Experiments on superficial (plantar) and deep (knee jerk) reflex
- 2. Measurement of grip strength
- 3. Reaction time by stick drop test

- 4. Short term memory test (shape, picture word)
- 5. Two point discrimination test

# **Suggesyed Readings:**

- 1. Chatterjee, C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 2. Hall J.E. (2016). Guyton & Hall Textbook of Medical Physiology. Second South Asia Edition.
- 4. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Fourth Edition. Current Books International.
- 5. Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 6. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 7. Chatterjee, C.C. (2016). Human Physiology Volume 2. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 8. Core Text Book Of Neuro-Anatomy, by M.B.Carpenter: the Williams and Wilkins Company.
- 9. Berg, J.M. (Author), Tymoczko, J.L. Stryer, L. (2006). Biochemistry: International Edition
- 10. Charles Nobach .The Human Nervous System. Mc Graw Hill Book Co.
- 11. Berne, R.M. and Levy M.N. Physiology. C.V.Mosby Co.
- 12. Guyton, A.C. Hall, J.E. (2007) Text Book of Medical Physiology. Eleventh Edition. W.B. Saunders Co.
- 13. Barrett, K. E. Barman, S.M., Boitano, S. Brooks, H.L. (2012). Ganong's Review of Medical Physiology. 24<sup>th</sup> Edition. Lange Medical Book. Prentice-Hall International.
- 14. Pal, G.K. Pal, P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 15. Shepherd.G.M. Neurobiology. Oxford University Press.
- 16. Chadha, P.V. Handbook of Experimental Physiology and Biochemistry. Jaypee Brothers Medical Publishers.
- 17. Babaharik Sharir Bigyan: Jogen Debnath, Shreedhar Prokashani, Kolkata.



# Semester – IV

# 3.15 Core T8 - Energy Balance, Metabolism, and Nutrition

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

### Concepts in theory

- 1.Introduction
- 2. Energy metabolism
- 3. Carbohydrate metabolism Glycolysis, Krebs Cycle, Glycogenesis, Glycogenolysis, Neoglucogenesis, HMP shunt and Cori cycle.
- 4. Protein metabolism Deamination, Transamination Ornithine cycle, Protein synthesis.
- 5. Fat and cholesterol metabolism Beta-oxidation omega-oxidation, ketogenesis cholesterol synthesis.
- 6. Integration of carbohydrate, fat and protein metabolism
- 7. Nutrition BMR, RQ, RDA, SDA, NPU, Biological value of proteins, vitamins and minerals Brief idea.

# 3.16 Core P8 - Energy Balance, Metabolism, and Nutrition Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **Biochemical Estimation**

- 1. Introduction on colorimetric study.
- 2. Quantitative estimation of glucose and sucrose by Benedict's method Percentage and total quantity
- 3. Quantitative estimation of amino nitrogen (Sorensen's Formol titration method) Percentage and total quantity
- 4. Estimation of percentage quantity of lactose in milk by Benedict's method.

### 3.17 Core T9 - Gastrointestinal Function

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

### **Digestion and Absorption**

- 1. Introduction
- 2. Carbohydrates
- 3. Proteins and Nucleic Acids
- 4. Lipids
- 5. Absorption of Water and Electrolytes
- 6. Absorption of Vitamins and Minerals

## **Regulation of Gastrointestinal Function**

- 1. Introduction
- 2. General Considerations Gastrointestinal motility and function.
- 3. Gastrointestinal hormones
- 4. Mouth and Esophagus
- 5. Stomach
- 6. Exocrine Portion of the Pancreas
- 7. Liver and Biliary System

- 8. Small Intestine
- 9. Colon

# 3.18 Core P9 – Gastrointestinal Function Lab

# [Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits List of Practical

- 1. Introduction on Dale's Apparatus and preparation of Ringer Lock solution.
- 2. Kymographic recording of normal movements of rat's intestine in Dale's Apparatus.
- 3. Effects of hypoxia, acetylcholine and adrenaline on normal intestinal movements.

# 3.19 Core T10 – Respiration

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

### **Pulmonary Function**

- 1. Introduction
- 2. Properties of Gases
- 3. Anatomy of the Lungs
- 4. Mechanics of breathing Mechanism, Resistances of breathing, surfactant, compliance.
- 5. Gas Exchange in the lungs
- 6. Pulmonary Circulation
- 7. Other Functions of the Respiratory System –Excretory, body defense function of lungs.

### **Gas Transport Between the Lungs and the Tissues**

- 1. Introduction
- 2. Oxygen Transport Mechanism, dissociation curve and factor regulating it.
- 3. Carbon Dioxide Transport Mechanism, dissociation curve and factor regulating it.
- 4. Respiratory acidosis and alkalosis

# **Regulation of Respiration**

- 1. Introduction
- 2. Neural control of Breathing Respiratory center, respiratory reflexes.
- 3. Chemical Control of Breathing
- 4. Nonchemical Influences on Respiration in brief

### Respiratory Adjustments in Health and Disease

- 1. Introduction
- 2. Effects of Exercise
- 3. Other Forms of Hypoxia (Histotexic, anaemic and hypokinetic)
- 4. Oxygen Therapy
- 5. Hypercapnia and Hypocapnia
- 6. Other Respiratory Abnormalities (Mountain sickness, apnoea, dyspnea, dysparism, Chyne Stroke Breathing and HAPO.
- 7. Effects of Increased Barometric Pressure Caisson disease etc.

8. Artificial Respiration – Methods in brief and significance.

# 3.20 Core P10 – Respiration Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **List of Practical**

- 1. Measurement of peak expiratory flow rate
- 2. Measurement of oxygen saturation by pulse oxymeter before and after exercise
- 3. Measurement of forced expiratory volume (FEV) in first second and first 10 second.
- 4. Demonstration on digital spirometer for lung function test (PFT).

# **Suggested Readings:**

- 1. Srilakshmi, B. (2016). Nutrition Science. Fifth Edition. New Age International Publishers.
- 2. Srilakshmi, B. (2014). Dietetics. Seventh Edition. New Age International Publishers.
- 3. Das S. Textbook of Normal and Therapeutic Nutrition. Academic Publishers.
- 4. Das S. (2016). Textbook of Community Nutrition. 2<sup>nd</sup> Edition. Academic Publishers.
- 5. Basu, P. Nutritional Biochemistry. Academic Publishers.
- 6. Srilakshmi, B. (2015). Food Science. Sixth Edition. Age International Publishers.
- 7. Swaminathan, M. (2012). Handbook of Food and Nutrition. Jain Book Agency.
- 8. Swaminathan, M. (2015). Essentials of Food and Nutrition. Vol. I AND Vol. II. The Bangalore Printing and Publishing Co., Ltd.
- 9. Chatterjee, C.C. (2016). Human Physiology Volume 1. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 10. Hall J.E. (2016). Guyton & Hall Textbook of Medical Physiology. Second South Asia Edition.
- 11. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Fourth Edition. Current Books International.
- 12. Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 13. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 14. Berne, R.M. and Levy M.N. Physiology. C.V.Mosby Co.
- 15. Guyton, A.C. Hall, J.E. (2007) Text Book of Medical Physiology. Eleventh Edition. W.B. Saunders Co.
- 16. Barrett, K. E. Barman, S.M., Boitano, S. Brooks, H.L. (2012). Ganong's Review of Medical Physiology. 24<sup>th</sup> Edition. Lange Medical Book. Prentice-Hall International.
- 17. Pal, G.K. Pal, P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 18. Shepherd.G.M. Neurobiology. Oxford University Press.
- 19. Chadha, P.V. Handbook of Experimental Physiology and Biochemistry. Jaypee Brothers Medical Publishers.



# **B.Sc.(Honours) Physiology**

CBCS w.e.f. 2017-18

- 20. Babaharik Sharir Bigyan: Jogen Debnath, Shreedhar Prokashani, Kolkata. Mukherjee, K.L. (2004). Medical Laboratory Technology. Vol. I, Vol. II and Vol. III. Tata McGraw-Hill.
- 21. Hinkle, J.L. Kerry H. Cheever, K.H. (2013). Brunner & Suddarth's Handbook of Laboratory and Diagnostic Tests. 2<sup>nd</sup> Edition. LWW Publisher.
- 22. Godkar , P.B. Godkar. O.D.(2014). Textbook of Medical Laboratory Technology. 14<sup>th</sup> Edition.





# Semester – V

# 3.21 Core T11 - Special Senses

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### Vision

- 1. Introduction
- 2. Anatomic Considerations Eye.
- 3. The Image-Forming Mechanism (accommodation and visual acuity)
- 4. The Photoreceptor Mechanism: Genesis of Electrical Responses
- 5. Visual Pathways and effects of lesions of these pathways
- 6. Color Vision
- 7. Other Aspects of Visual Function Monocular, Binocular, Equilibrium and Posture.
- 8. Eye Movements Lateral and Rotational.
- 9. Errors in visual process.

### **Hearing and Equilibrium**

- 1. Introduction
- 2. Anatomic considerations
- 3. Hair cells
- 4. Mechanism of hearing
- 5. Vestibular function
- 6. Loss of hearing Audiometry, test for Conductive deafness, Neural deafness and Central deafness.

### **Smell and Taste**

- 1. Introduction
- 2. Smell
- 3. Receptors and Pathways
- 4. Physiology of Olfaction
- 5. Taste
- a. Receptor Organs and Pathways
- b. Physiology of Taste, Taste adaptation and Masking effect.

# 3.22 Core P11 – Special Senses Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

### **List of Practical**

- 1. Principles of fixation and staining,
- 2. Staining and identification of fixed nervous tissue.
- 3. Determination of visual acuity by Snellen's chart / Landolt's C chart.
- 4. Determination of colour blindness by Ishihara chart.
- 5. Perimetry.
- 6. Audiometry.

# 3.23 Core T12 - Endocrinology

# [Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### Unit 1

### The Thyroid Gland

- 1. Introduction
- 2. Anatomic Considerations
- 3. Formation and Secretion of Thyroid Hormones
- 4. Transport of Thyroid Hormones
- 5. Effects of Thyroid Hormones
- 6. Regulation of Thyroid Secretion
- 7. Clinical Correlation.

### Endocrine Functions of the Pancreas and the Regulation of Carbohydrate Metabolism

- 1. Introduction
- 2. Islet Cell Structure
- 3. Structure, Biosynthesis, and Secretion of Insulin
- 4. Effects of Insulin
- 5. Mechanism of action
- 6. Insulin Excess
- 7. Regulation of Insulin Secretion
- 8. Glucagon
- 9. Other Islet Cell Hormones
- 10. Hypoglycemia and Diabetes Mellitus in Humans

### The Adrenal Medulla and Adrenal Cortex

- 1 Introduction
- 2. Adrenal Morphology
- 3. Adrenal Medulla
- a. Structure and Function of Medullary Hormones
- b. Regulation of Adrenal Medullary Secretion
- 4. Adrenal Cortex
- a. Structure and Biosynthesis of Adrenocortical Hormones

#### Unit 2

# Hormonal Control of Calcium Metabolism and the Physiology of Bone

- 1. Introduction
- 2. Calcium and Phosphate Metabolism
- 3. Bone Physiology
- 4. Vitamin D and the Hydroxycholecalciferols
- 5. The Parathyroid Glands
- 6. Calcitonin
- 7. Effects of Other Hormones and Humoral Agents on Calcium Metabolism

### The Pituitary Gland

- 1. Introduction
- 2. Morphology
- 3. Posterior pituitary hormones
- 4. Growth Hormone
- 5. Physiology of Growth
- 6. Pituitary Insufficiency
- 7. Pituitary Hyperfunction in Humans

### **Endocrine Functions of the Kidneys, Heart, and Pineal Gland**

- 1. Introduction
- 2. The Renin-Angiotensin System
- 3. Erythropoietin
- 4. The Endocrine Function of the Heart: Atrial Natriuretic Peptide
- 5. Pineal Gland
- 6. Human chronobiology, biological rhythms; basic concepts and implications

# 3.24 Core P12 – Endocrinology Lab

# [Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits List of Practical

- 1. Study of the effects of oxytocin on uterine contraction.
- 2. Study of the effects of adrenaline on intestinal and uterine movements.
- 3. Growth chart and interpretation.

# Suggested Readings:

- 1. Guyton, A.C. Hall, J.E. (2007) Text Book of Medical Physiology. Eleventh Edition. W.B. Saunders Co.
- 2. Kronenberg, H.M. Melmed, S. Polonsky, K.S. Larsen, P.R. (2009). Williams Textbook of Endocrinology. Eleventh Edition. Saunders.
- 3. Ganong, W.F. Review of Medical Physiology. Lange Medical Book. Prentice-Hall International.
- 4. Ghai, C.L. A Text Book of Practical Physiology. 8<sup>th</sup> Edition. Jaypee.
- 5. Hall J.E. (2016). Guyton & Hall Textbook of Medical Physiology. Second South Asia Edition.
- 6. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Forth Edition. Current Books International.
- 7. Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 8. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 9. Chatterjee, C.C. (2016). Human Physiology Volume 2. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 10. Chaudhuri, S.K.(2008). Concise Medical Physiology. Sixth Edition. NCBA.

Mukherjee, K.L. (2004). Medical Laboratory Technology. Vol. I, Vol. II and Vol. III. Tata McGraw-Hill.

- 11. Hinkle, J.L. Kerry H. Cheever, K.H. (2013). Brunner & Suddarth's Handbook of Laboratory and Diagnostic Tests. 2<sup>nd</sup> Edition. LWW Publisher.
- 12. Godkar , P.B. Godkar. O.D.(2014). Textbook of Medical Laboratory Technology. 14<sup>th</sup> Edition.



# Semester – VI

# 3.25 Core T13 – Reproduction

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

- 1. Introduction
- 2. Sex Differentiation and Development
  - a. Chromosomal Sex
  - b. Embryology of the Human Reproductive System
  - c. Aberrant Sexual Differentiation
  - d. Puberty
  - e. Precocious and Delayed Puberty
  - f. Menopause
- 3. Pituitary Gonadotropins and Prolactin
- 4. The male reproductive System
  - a. Structure
  - b. Gametogenesis and Ejaculation
  - c. Endocrine Function of the Testes
  - d. Control of Testicular Function
  - e. Abnormalities of Testicular Function
- 5. The Female Reproductive system
  - a. The Menstrual Cycle
  - b. Ovarian Hormones
  - c. Control of Ovarian Function
  - d. Abnormalities of Ovarian Function
- 6. Fertilization
- 7. Implantation
- 8. Placenta Hormones and Function.
- 9. Pregnancy Hormonal Regulation and Pregnancy Test.
- 10. Parturition.

# 3.26 Core P13 – Reproduction Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits List of Practical

- 1. Study of estrous cycle
- 2. Staining and identification of testis, ovary and uterus.
- 3. Pregnancy test from human urine by kit method.

# 3.27 Core T14 - Formation and Excretion of Urine

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### **Renal Functions and Micturition:**

- 1. Introduction
- 2. Function of Malpighian corpuscles and renal tubule, counter-current mechanism
- 3. Water Excretion
- 4. Acidification of the Urine and Bicarbonate Excretion
- 5. Regulation of Na+ and Cl- Excretion
- 6. Renal Circulation
- 7. Diuretics
- 8. Disorders of Renal Functions
- 9. Filling of the Bladder
- 10. Emptying of the Bladder
- 11. Non-excretory Function of Kidney

# 3.28 Core P14 - Formation and Excretion of Urine Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

### **List of Practical**

- 1. Testing of normal constituents of urine (Biochemical Test)
- 2. Identification of abnormal constituent of urine (Biochemical Test)
- 3. Microscopic observation of RBC, Pus Cell and Cast in urine.

# **Suggested Readings:**

- 1. Chatterjee, C.C. (2016). Human Physiology Volume 2. Eleventh Coloured Edition. CBS. Publishers and Distributers Pvt. Ltd.
- 2. Mahapatra, A.B.S.M. (2014). Essentials of Medical Physiology. Fourth Edition. Current Books International.
- 3. Sembulingam, K. and Sembulingam, P. (2016). Essentials of Medical Physiology 7<sup>th</sup> Edition. Jaypee.
- 4. Khurana, I. (2015). Medical Physiology. 2<sup>nd</sup> Edition. Elsevier India.
- 5. Guyton, A.C. Hall, J.E. (2007) Text Book of Medical Physiology. Eleventh Edition. W.B. Saunders Co.
- 6. Ganong, W.F. Review of Medical Physiology. Lange Medical Book. Prentice-Hall International.
- 7. Schatten, H. Human Reproduction. Willey.
- 8. Constantinescu, G.M. Animal Model and Human Reproduction. Willey.
- 9. Chaudhuri, S.K.(2008). Concise Medical Physiology. Sixth Edition. NCBA.
- 10. Pal, G.K. Pal, P. (2013). Textbook of Practical Physiology. Third Edition. Universities.
- 11. Note Books on Practical Biochemistry. Published by The Physiological Society of India. Kolkata.



# 4. Discipline Specific Elective Courses

# **4.1 DSE T1 – Biological Statistics**

# [Theory: Credits 4 (4 Lectures/Week)/ Marks 25] Concepts in theory

4 Credits

- 1. Scope of statistics Principles of statistical analysis of biological data.
- 2. Basic concepts variable, parameter, statistics and sampling.
- 3. Presentation of data-frequency distribution, frequency polygon, histogram, bar diagram and pie diagram.
- 4. Parameters.
- 5. Different classes of statistics mean, median, mode, mean deviation, variance, standard deviation, standard error of mean.
- 6. Standard score.
- 7. Degrees of freedom.
- 8. Probability.
- 9. Normal distribution.
- 10. Student's t-distribution.
- 11. Testing of hypothesis Null hypothesis, errors of inference, levels of significance, students' t-test and z score for significance of difference.
- 12. Non Parametric Chi-square test.

# 4.2 DSE P1 - Biological Statistics Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

### **List of Practical**

- 1. Computation of mean, median, mode, standard deviation and standard error of the mean with physiological data like body temperature, pulse rate, respiratory rate, height and weight of human subjects.
- 2. Graphical representation of data in frequency polygon and histogram.
- 3. Student's t test for significance of difference between means.
- 4. Demonstration: Statistical analysis and graphical representation of biological data with computer using One-way ANOVA.

OR

### 4.1 DSE T1 - Human Nutrition and Dietetics

# [Theory: Credits 4 (4 Lectures/Week)/ Marks 25] Concepts in theory

4 Credits

- 1. Constituents of food and their significance.
- 2. Basal metabolic rate -factors, determination by Benedict-Roth apparatus.
- 3. Respiratory quotient.
- 4. Specific dynamic action.

CBCS w.e.f. 2017-18

- 5. Basic concept of energy and units.
- 6. Calorific value of foods.
- 7. Body calorie requirements adult consumption unit.
- 8. Dietary requirements of carbohydrate, protein, lipid and other nutrients.
- 9. Balanced diet and principles of formulation of balanced diets for growing child, adult man and woman, pregnant woman and lactating woman.
- 10. Nitrogen balance, essential amino acids, biological value of proteins.
- 11. Supplementary value of protein.
- 12. Protein efficiency ratio and net protein utilization of dietary proteins.
- 13. Dietary fibres.
- 14. Vitamins.
- 15. Principle of diet survey.
- 16. Composition and nutritional value of common food stuffs.
- 17. Physiology of starvation and obesity.
- 18. Sources and physiological significances of vitamins and minerals.
- 19. Space nutrition.

#### 4.2 DSE P1 – Human Nutrition and Dietetics Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

## **Nutrition and Dietetics - Diet Survey (Field Study Record)**

- 1. Diet survey report (hand-written) of a family (as per ICMR specification): Each student has to submit a report on his/her own family or Neighboring Family.
- 2. A report (hand-written) on the basis of field survey from ONE of the followings:
- a. Physiological parameters of human (at least three parameters).
- b. Anthropometric measurements on human (at least three parameters).
- c. Epidemiological studies on human.

# 4.3 DSE T2 – Microbiology and Immunology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### **Microbes**

- 1. Structure and morphological classification.
- 2. Gram positive, gram negative, pathogenic and nonpathogenic bacteria. Sterilization, pasteurization, brief idea about antibiotics.
- 3. Bacterial growth curve.
- 4. Elementary idea of bacteriostatic and bactericidal agents bacterial genetics
- 5. Viruses Structure and types, Lytic and lysogenic cycle. Prions basic ideas and prion diseases.

#### **Overview of Immune System**

- 1. Idea about innate and acquired immunity. Immuno-competent Cells.
- 2. Humoral and cell mediated immunity.
- 3. Antigen-antibody interaction.
- 4. Immunoglobulin classification, basic structure and function.
- 5. Antigen presentation. Major Histocompatibility Complex (MHC)-Type-I&II.
- 6. Cytokines and Lymphokines. Activation of complement system.

# **B.Sc.(Honours) Physiology**

CBCS w.e.f. 2017-18

- 7. Vaccination Principles, Universal protocol on Immunization, primary and secondary reaction of vaccination, health reaction due to vaccination, memory cell formation due to vaccination and importance of immunization.
- 8. Basic principles of immunological detection of pregnancy.
- 9. Immunization programme immunization against Polio, Hepatitis-B, Tetanus, Measles, Whooping cough, Tuberculosis, Rabbies through vaccine, AIDS- causative virus, mode of transmission, effects on human body, preventive measures, and principles of diagnostic test for AIDS (ELISA).
- 10. Immunopathology basic principles of autoimmune disease and transplantation immunology.

# 4.4 DSE P2 – Microbiology and Immunology Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **List of Practical**

- 1. Gram staining of bacteria and identification of Gram positive and Gram negative bacteria.
- 2. Blood grouping and Rh typing.
- 3. Demonstration: Spore Staining, Radial immuno-diffusion.

**OR** 

# 4.3 DSE T2 – Genetics and Molecular Biology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### **Genetics:**

Basic principles of Mendelian genetics - monohybrid and dihybrid, test and back crosses, Bacterial genetics-transformation, transduction, conjugation (mention of F+ /F-, Hfr strain, function of pillus). Extension of Mendelism - Epistasis and its different types present in plants and animals. Penetrance, expressivity, pleiotropism.

Crossing over and Gene mapping. Numerical and Structural variations in chromosome - basic concepts of aneuploids and polyploids. Human Cytogenetics - human karyotype, banding technique, use of human cytogenetics in medical science, inborn errors of metabolism, aneuploidy in humans. Sex determination and sex linkage

#### **Molecular Biology**

Genes - definition. DNA- structure, DNA replication, transcription of RNA in prokaryotes, Genetic code – properties and wobble hypothesis, translation in prokaryotes, regulation of gene expression – operon concept: lac operon, gene mutation, DNA repairing processes. Basic idea of Recombinant DNA technology and its applications, Polymerase chain reaction (PCR) - basic concepts.

# 4.4 DSE P2 – Genetics and Molecular Biology Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **List of Practical**

- 1. DNA gel electrophoresis (Agarose Gel)
- 2. Retrieval of amino acid sequence from mRNA
- 3. Retrieval of codogen in DNA from codon sequence of mRNA



# 4.5 DSE T3 – Ergonomics and Occupational Physiology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### Concepts in theory

- 1. Genesis and concept of ergonomics.
- 2. Importance of ergonomics in occupational health and well-being.
- 3. Classification of Physiological work load. Concept of work rest cycle.
- 4. Physical work environment: (a) Thermal environment, its' effect, Heat stress indices, (b) Noise and vibration, its' effect on workers. Occupational deafness, (c) Illumination level and its' effect on visual performances, (d) Ergonomic principles of control of Physical hazards.
- 5. Static anthropometry, Application of anthropometric data in design.
- 6. User interface and control display compatibility.
- 7. Prevention of accidents, concept of Industrial safety.
- 8. Occupational Diseases: pneumoconiosis, asbestosis, silicosis and work-related musculoskeletal disorders.

# 4.6 DSE P3 – Ergonomics and Occupational Physiology Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **List of Practical**

- 1. Measurement of working heart rate by ten beats methods.
- 2. Measurement of blood pressure before and after different grades of exercise.
- 3. Measurement of Some common anthropometric parameters. Calculation of BSA and BMI from anthropometric data.
- 4. Measurement of WBGT indices.
- 5. Measurement of noise level by noise level meter.
- 6. Demonstration of determination of cardiac cost of specific work.

#### OR

# 4.5 DSE T3 - Environmental Physiology and Toxicology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

# Unit 1 Toxicology

- 1. Toxins and Toxicology
- 2. Factors Affecting toxicity
- 3. LD50, LOD50, ED50, NOEL, LOEL
- 4. Concept of Acute and Chronic Effects
- 5. Birth defects and Teratogens
- 6. Concepts of Biomagnification and Bioconcentration
- 7. Popular Food Additives and Food Adulterants
- 8. Prevention of Food Adulteration Act, 1954
- 9. Other Food Toxicants: BPA, BPS, Pesticides, PAH, Dioxin, PCB, Heavy Metals: Pb, Hg, Cd, As etc



#### **Environmental Pollutions and Health Hazards**

- 1. Definition: hygiene, health and public health.
- 2. Air, Water, Food Borne Diseases: causes, symptoms and control.
- 3. Food Additives and Adulterants: definition, examples and human health hazards.
- 4. Vector Borne Epidemic Diseases: Malaria and Plague-etiology and control.

#### Unit 2

#### **Environmental Pollution and Human Health Hazards**

- 1. Air Pollution: definition, sources, air pollutants, effects of air pollution on human health, concept of ozone hole, green house effects and global warming.
- 2. Water Pollution: definition, types, health hazards, water pollutants, biochemical oxygen demand (BOD), thermal pollution, concept of safe drinking water standards.
- 3. Soil Pollution: causes, health hazards, solid waste managements- bioreme- diation, phytoremediation.
- 4. Sound Pollution: definition, concept of noise, source of sound pollution, effects of sound pollution on human health, noise index (noise standards).
- 5. Radionuclide Pollution: ionizing radiations, effects of ionizing radiation on human health, permissible doses.

#### **Environmental management**

- 1. Environmental ethics
- 2. Conservation of topsoil, ground water and wild lives; rain water harvesting; sanctuary, national park, biosphere reserve, wildlife (conservation) Act, 1992.

# 4.6 DSE P3 – Environmental Physiology and Toxicology Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **List of Practical**

- 1. Measurement of dissolved oxygen.
- 2. Relative humidity measurement.
- 3. Suspended particulate matter of specific air sample.
- 4. LD<sub>50</sub> measurement from provided graph.
- 5. Noise intensity measurement by Sound Level Meter.
- 6. Light intensity measurement by Lux Meter.

# 4.7 DSE T4 – Sports and Exercise Physiology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25]

4 Credits

#### Concepts in theory

- 1. Importance of regular exercise in health and wellbeing.
- 2. Basic concept of Bioenergetics, Energy sources during exercise (Phosphagen, Anaerobic system and Aerobic system).
- 3. Cardio-respiratory responses during different grades of exercise.
- 4. Concept of excess post exercise oxygen consumption (EPOC), physiological fatigue and recovery.
- 5. Aerobic work Capacity: Measurement, physiological factors and applications.

- 6. Training: Principles of physical training, Training to improve aerobic and anaerobic power. Effect of overtraining and detraining.
- 7. Nutritional supplements and ergogenic aids.
- 8. Sports injury and its' management.
- 9. Basic idea sports rehabilitation and sports medicine.

# 4.8 DSE P4 - Sports and Exercise Physiology Lab

# [Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits List of Practical

- 1. Measurement of blood pressure before and after different grades of exercise.
- 2. Recording of recovery heart-rate after standard exercise.
- 3. Determination of Physical Fitness Index by Harvard Step Test (Modified).
- 4. Measurement of body fat percentage.
- 5. Determination of endurance time by hand grip dynamometer.
- 6. Pneumographic recording of effect of talking, laughing, coughing, breath holding and hyperventilation
- 7. Determination of VO2max by Queen College Step Test.
- 8. Six minute walk test.

# OR

# 4.7 DSE T4- Nano-biotechnology and Bioinformatics

# [Theory: Credits 6 (6 Lectures/Week)/ Marks 40] 6 Credits Concepts in theory

- 1. Introduction to nanoscience and nano-biotechnology.
- 2. Definition of a Nano system.
- 3. Types of Nanostructures; Types of Nanocrystals-One Dimensional (1D)-Two Dimensional (2D) -Three Dimensional (3D) nanostructured materials Quantum dots Quantum wire; Core/Shell structures.
- 4. Synthesis of Nanomaterials.
- 5. Characterization techniques for Nanomaterials: X-ray diffraction; Scanning Electron Microscope (SEM); Atomic force microscopy (AFM); scanning tunneling microscopy (STM), scanning near field optical microscopy (SNOM); Transmission Electron Microscopy (TEM); Infrared spectroscopy (IR).
- 6. Properties of Nanomaterials: Size dependent properties Mechanical, Physical and Chemical properties. Types of Nanomaterials: Carbon Nanotubes (CNT) Metals (Au, Ag) Metal oxides (TiO2, CeO2, ZnO) Sem iconductors (Si, Ge, CdS, ZnSe) Ceramics and Composites. Applications of Nanomaterials in Biology: Biochemical sensors; Imaging; Cancer treatment etc.
- 7. Toxicity of nanomaterials in the environment Health threats.

# **Suggested Readings:**

- 1. Pelczar, M.J. (2001) Microbiology. 5<sup>th</sup> edition, Tata McGraw-Hill Co, New Delhi.
- 2. Wiley JM, Sherwood LM and Woolverton CJ. (2013) Prescott's Microbiology. 9th Edition. McGraw Hill International.
- 3. Campbell, N.A., Reece J.B., Urry L.A., Cain M.L., Wasserman S.A. Minorsky P.V., Jackson R.B. (2008). Biology. Pearson Benjamin Cummings, USA. 8th edition.
- 4. Saha, I. Paul. B. (2016). Essential of Biostatistics. 2<sup>nd</sup> Edition. Academic Publishers.
- 5. Giri, P.K. Banerjee, J. Statistical Stools and Techniques. Academic Publishers.
- 6. Das, D. Handbook of Practical Microbiology, Cell Biology Genetics and Biometry. Academic Publishers.
- 7. Srilakshmi, B. (2016). Nutrition Science. Fifth Edition. New Age International Publishers.
- 8. Srilakshmi, B. (2014). Dietetics. Seventh Edition. New Age International Publishers.
- 9. Das S. Textbook of Normal and Therapeutic Nutrition. Academic Publishers.
- 10. Das S. (2016). Textbook of Community Nutrition. 2<sup>nd</sup> Edition. Academic Publishers.
- 11. Basu, P. Nutritional Biochemistry. Academic Publishers.
- 12. Srilakshmi, B. (2015). Food Science. Sixth Edition. Age International Publishers.
- 13. Swaminathan, M. (2012). Handbook of Food and Nutrition. Jain Book Agency.
- 14. Swaminathan, M. (2012). Essentials of Food and Nutrition. Vol. I AND Vol. II. Jain Book Agency.
- 15. Saha, T.K. (2013). Ecology and Environmental Biology. Books & Allied Ltd.
- 16. Banerjee, P.K. (2007). Introduction to Biostatistics.
- 17. Das, D. Das A. (2013). Statistics In Biology And Psychology. Sixth Edition. Academic Publishers.
- 18. Chad L. Cross Wayne W. Daniel. (2014). Biostatistics: Basic Concepts and Methodology for the Health Sciences. Wiley.
- 19. Rao, S. (2012). Introduction to Biostatistics and Research Methods. Fifth Edition. PHI.
- 20. Bhadra, K.A. (2012). Mahajan'S Methods In Biostatistics For Medical Students And Research Workers. Eight Edition.
- 21. Reddy N. (2015). The Essentials of Forensic Medicine And Toxicology. 33rd Edition.
- 22. Tripathi, K.D. (2013). Essential of Medical Pharmacology. Seventh Edition. Jaypee.
- 23. Verma, P.S. and Agarwal, V.K. (2004). Cell Biology, Genetics, Molecular Biology, Evolution and Ecology. S. Chand & Company Pvt. Ltd.
- 24. David Freifelder. (2008). Molecular Biology. 2<sup>nd</sup> Edition. Narosa Publishing House.
- 25. Goodman & Gillman's The Pharmacological Basis Of Therapeutics With DVD (Goodman and Gilman"S the Pharmacological Basis of Therapeutics. 12<sup>th</sup> Edition. (2011).
- 26. Berk, A. Kaiser, C.A. Lodish, H, Amon, A. (2016). Molecular Cell Biology WH Freeman.
- 27. Wilson, K. and Walker J. (2010). Principles and Techniques of Biochemistry and Molecular Biology. Seventh Edition.
- 28. Gardner, E.J. Simmons, M.J, Snustad, D.P. (2006) Principles of Genetics. Eighth Edition. Wiley.
- 29. Ozsoz, M.S. (2012). Electrochemical DNA Biosensors. Pan Stanford Publishing Pte Ltd.

- 30. Sethi. T. (2012). Miracles Of Nano-tech With Bio-tech: Magic Of Nano-technology With Combination Of Bio-technology Related To Human Beings. Lap Lambert Academic Publishing.
- 31. Guo, P, Haque., F. (2015). RNA Nanotechnology and Therapeutics (Methods in Molecular Biology). CRC Press Taylor and Francis.
- 32. Dutta, P.K. Dutta J. (2016). Multifaceted Development and Application of Biopolymers for Biology, Biomedicine and Nanotechnology (Advances in Polymer Science). Springer.
- 33. Ghosh, J. Mallick B. Bioinformatics: Principles and Applications. Springer.
- 34. Rastogi S.C. Mendiratta, N. Rastogi, P. (2013). Bioinformatics: Methods and Applications: Genomics, Proteomics and Drug Discovery. Fourth Edition.
- 35. Mount, David W. (2005). Bioinformatics: Sequence and Genome Analysis
- 36. Francis Ouellette, B.F. Baxevanis, A.D. (2009). Bioinformatics. 3<sup>rd</sup> Edition. Wiley.
- 37. Ananthanarayan, R. Kapil, A. A & P Textbook of Microbiology. 9th Edition.
- 38. William's Text Book of Endocrinology by J.D. Wilson and D.W. Saunders of Co.
- 39. Endocrinology. Vols- I, II and III by L.O.DeGroot. W.B.Saunders Co.
- 40. The Physiology of Reproduction, Vols I, & II, by E.Knobil and J.D.Neil. Raven Press.
- 41. William D. McArdle, Frank I. Katch, Victor L. Katch. Essentials of Exercise Physiology. 5th International edition. Lippincott Williams and Wilkins.
- 42. Astrand, P.O.Rodhal. K. Dahl, H.A. (2003). Forth Edition. Mc Graw-Hill Book Co.
- 43. Shaver, L.G. Essentials of Exercise Physiology. Surject Publications.
- 44. McCormick, E.O. and Sanders, M. Human Factors in Engineering and Design by Tata McGraw Hill.
- 45. Fox, E.L. (1985). Sports Physiology. Saunders College Publishing Holt-Saunders
- 46. Fox, E.L. Mathews, D.K. The Physiological Basis of Physical Education and Athletics by and. Saunders College Publishing.
- 47. Durin, J.V.G.A. and Passmore, R. Energy, Work and Leisure. Heinemann Educational Books.
- 48. Simmons, S. (2006). Principles of Genetics. Fourth Edition. Wiley Asia Student Edition.



# 5. Skill Enhancement Courses

#### 5.1 SEC P1 – Detection of Food Adulteration Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 40] 2 Credits

#### **Qualitative tests for Food Adulteration**

Qualitative tests for identifying Food Adulterants in some food samples:

Metanil yellow, Rhodamin B, Saccharin, Monosodium glutamate, Aluminium foil, Chicory, Bisphenol A and Bisphenol S, Chocolate Brown HT, Margarine, Pb, Hg, As, PCB, Dioxin etc in turmeric powder, besan, laddoo, noodles, chocolate and amriti.

# OR

# **5.1 SEC P1 – Hematological Techniques**

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 40] 2 Credits

#### List of practical

- 1. Preparation of blood smear and identification of blood cells.
- 2. Determination of haematocrit, MCV, MCH, MCHC, bleeding time, clotting time etc.
- 3. Measurement of hemoglobin (Cyanmethemoglobin method) in blood.
- 4. Preparation of serum.
- 5. Estimation of SGOT and SGPT.

#### 5.2 SEC T1 – Clinical Biochemistry

Theory: Credits 2 (2 Lectures/Week)/ Marks 40] 2 Credits

#### Concepts in theory

- 1. Photo-colorimetric estimation of blood constituents.
- 2. Measurement of blood glucose by Nelson-Somogyi method
- 3. Measurement of blood inorganic phosphate by Fiske Subbarow method
- 4. Measurement of serum total protein by Biuret method.
- 5. Determination albumin globulin ratio.
- 6. Determination of serum amylase by iodometric method.



# OR

# 5.2 SEC T1 – Pathological Microbiology and Bio-Medical Technology Theory: Credits 2 (4 Lectures/Week)/ Marks 40] 2 Credits

## **Concepts in theory**

- 1. Staining of gram positive and gram negative bacteria.
- 2. Identification of tubercular bacteria in sputum (demonstration: with utmost precautionary measure taken before students handle the samples).
- 3. Demonstration of an ECG machine at work. Handling of Doctor's centrifuge.
- 4. Handling of colorimeter and spectrophotometer Working principle and application.

#### **Suggested Reading:**

- 1. Kumar, V. Abbas, A.K. (2014). Robbins & Cotran Pathologic Basis of Disease. Nineth Edition. Elsevier, Saunders.
- 2. Basu P. Biochemistry Laboratory Manual. Academic Publishers.
- 3. Jayaraman, J. Laboratory Manual in Biochemistry. 2<sup>nd</sup> Edition. New Age International Publisher.
- 4. Kumar, V. Abbas, A.K. (2014). Robbins & Cotran Pathologic Basis of Disease. Nineth Edition. Elsevier, Saunders.
- 5. Basu P. Biochemistry Laboratory Manual. Academic Publishers.
- 6. Jayaraman, J. Laboratory Manual in Biochemistry. 2<sup>nd</sup> Edition. New Age International Publisher.
- 7. Note Books on Practical Biochemistry. Published by The Physiological Society of India. Kolkata.
- 5. Rao, S. Practical Biochemistry in Medicine. Academic Publishers.
- 6. Pelczar, M.J. (2001) Microbiology. 5<sup>th</sup> edition, Tata McGraw-Hill Co, New Delhi.
- 7. Wiley JM, Sherwood LM and Woolverton CJ. (2013) Prescott's Microbiology. 9th Edition. McGraw Hill International.
- 8. Mukherjee, K.L. (2004). Medical Laboratory Technology. Vol. I, Vol. II and Vol. III. Tata McGraw-Hill.
- 9. Hinkle, J.L. Kerry H. Cheever, K.H. (2013). Brunner & Suddarth's Handbook of Laboratory and Diagnostic Tests. 2<sup>nd</sup> Edition. LWW Publisher.
- 10. Godkar, P.B. Godkar, O.D.(2014). Textbook of Medical Laboratory Technology. 14<sup>th</sup> Edition.
- 11. Chattopadhyay P. (2011). Practical Physiology. 1st Edition. New Central Book Agency.
- 12. Manna, M.K. (2005). Practical Physiology. 1st Edition. Sritara Prakasani.



# 6. General Elective Courses

# 6.1 GE T1 – Community and Public Health

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

## **Concepts in theory**

- 1. Basic idea about community health and public health issues, Malnutrition in a community, over nutrition, issues of obesity; possible remedial measures.
- 2. Composition and nutritional value of common Indian foodstuffs, rice, wheat, pulses, egg, meat, fish and milk.
- 3. Dietary fibers. Calorie requirement.
- 4. Concept of ACU.
- 5. Principles of formulation of balanced diets for growing child, adult man and woman, pregnant and lactating woman.
- 6. Diet management of obese, diabetic, hypertensive person and athlete.
- 7. Basic idea on PCM, marasmus, kwashiorkor and their prevention. Iron and iodine deficiency.
- 8. Sound pollution as a community health issue; definition, concept of noise, source of extraordinary sound, effects of sound pollution on human health, noise index (noise standards).

# 6.2 GE P2 - Community and Public Health Lab

# [Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits List of Practical

- 1. Qualitative assessment of noise.
  - 2. Survey on the status of dietary intake in the surrounding area through visits, etc.
  - 3. Field survey on immunization.
  - 4. Role of ICDS/Anganwadi and Mid-day Meal programme.

#### OR

#### 6.1 GE T1 – Instrumentation

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] Concepts in theory

4 Credits

- 1. Microscopy, Spectrophotometry and Spectrofluorometry. Principles and uses of paper and thin layer chromatography.
- 2. Electrophoresis: Principles and method, uses of agarose gel electrophoresis, SDS PAGE.
- 3. Staining of DNA/RNA gel by ethidium bromide, Ultracentrifugation: moving boundary and density gradient ultracentrifugation.
- 4. ELISA and immunoblotting.

#### 6.2 GE P2 – Instrumentation Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

**List of Practical** 



- 1. Handling of compound microscope,
- 2. Measurement of glucose and protein concentration of a sample using spectrophotometer/colorimeter
- 3. Separation of amino acids through paper chromatography (demonstration).

# 6.3 GE T2 – Developmental Biology and Embryology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25]

4 Credits

## **Concepts in theory**

- 1. General concept of reproductive system
- 2. Gametogenesis: Spermatogenesis and Oogenesis. Ultra-structure: sperm and ovum in mammals.
- 3. Egg Membranes, Fertilization: In mammals Cleavage: Cleavage types, cleavage process in mammals.
- 4. Blastula formation: Mammals, Morphogenetic movements: Types and examples.
- 5. Gastrulation: General Concept and differentiation.
- 6. Organogenesis: In general Onset of activation of different organs and specific features.

# 6.4 GE P2 – Developmental Biology and Embryology Lab

[Practical: Credits 2/ (4 Practical Classes/Week)/Marks 15] 2 Credits

#### List of Practical

Hematoxylin and Eosin staining of ovarian tissue sections and identification of Graafian follicle, Corpus Luteum, and demonstration of preserved mammalian embryo.

#### 6.5 GE T3 - Environmental Pollution and Human Health

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits

#### **Air Pollution**

Definition, sources, air pollutants, effects of air pollution on human health, concept of ozone hole, green house effects and global warming.

#### **Water Pollution**

Definition, types, health hazards, water pollutants, biochemical oxygen demand (BOD), thermal pollution, concept of safe drinking water standards.

#### **Soil Pollution**

Causes, health hazards, solid waste managements- bioreme- diation, phytoremediation.

#### **Sound Pollution**

Definition, concept of noise, source of sound pollution, effects of sound pollution on human health, noise index (noise standards).

#### **Radionuclide Pollution**

Ionizing radiations, effects of ionizing radiation on human health, permissible doses

#### **Arsenic Pollution**

Sources, sources of arsenic in ground water, drinking water standard for arsenic (WHO, USEPA), health effects of chronic arsenic poisoning.

# 6.6 GE P3 – Environmental Pollution and Human Health Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### Physiological (experimental)

- 1. Effect of temperature on cardiac rhythm, degree of contraction analysis on model graphical record.
- 2. Determination of particulate matter in air sample



#### **B.Sc.**(Honours) Physiology

CBCS w.e.f. 2017-18

- 3. Measurement of dissolve oxygen.
- 4. Measurement of noise by sound level meter
- 5. Measurement of pH of soil.
- 6. Demonstration: Presence of arsenic in water sample.

# 6.7 GE T4 - Biotechnology

[Theory: Credits 4 (4 Lectures/Week)/ Marks 25] 4 Credits Concepts in theory (20 Marks)

- 1. Definition
- 2. History of biotechnology
- 3. Importance of biotechnology
- 4. Cloning
- 5. Gene therapy
- 6. Transgenic animals
- 7. Hybridoma,
- 8. Monoclonal antibody
- 9. DNA finger printing and its application in forensic science
- 10. Polymerase chain reaction
- 11. RT-PCR
- 12. Enzyme immobilization
- 13. Basic idea of tissue culture and CO<sub>2</sub>-incubators.

# 6.7 GE P4 – Biotechnology Lab

[Practical: Credits 2/ (4 Practical Classes/Week) /Marks 15] 2 Credits

#### **List of Practical**

- 1. General concept of protein identification (molecular weight) from chromatographic record
- 2. DNA base pair identification of the unknown from analysis of southern blot record.
- 3. Demonstration of DNA and RNA quantification.
- 4. Measurement of concentration of CT-DNA in a solution.

## **Suggested Readings:**

- 1. Sadler, T.W. (2014). Langman's Medical Embryology. Thirteen Edition. Lippincott Williams and Wilkins.
- 2. Singh, I, (2014). Human Embryology. Tenth Edition. Jaypee Brothers Medical Publishers(P) LTD.
- 3. Datta. A.K. Essentials of Human Embryology. 6<sup>th</sup> Edition. Current Books International
- 4. Hoar, W.S. Hall P.General and Comparative Physiology. Prentice-Hall of India Pvt.Ltd.
- 5. Posser, C.L. and Brown, E.A. Comparative Animal Physiology by W.B.Saunders.Co.
- 6. Singh, B.D. (2014). Biotechnology: Expanding Horizons.
- 7. Pranav Kumar, Usha Mina. (2015). Biotechnology: A Problem Approach
- 8. Kaushik, A. (2016). Perspectives in Environmental Studies. 4<sup>th</sup> Edition. New Age International Publisher.
- 9. Bharucha, E. (2013).Textbook of Environmental Studies for Undergraduate Courses. 2<sup>nd</sup> Edition. University Grants Commission.
- 10. Das S. (2016). Textbook of Community Nutrition. 2<sup>nd</sup> Edition. Academic Publishers.
- 11. Sadler, T.W. (2005). Medical Embryology. 2005 Wiley.
- 12. Agarwal, K. M. Sikdar, P. K. and Deb. S.C. (2002). A Text Book of Environment. Macmillan India Ltd.
- 13. Pal G. Paribesh O Dushan. Dasgupta Publisher.
- 14. William P. Cunningham and Mary Ann. Principles of Environmental Science. Tata Mc GrewHill. Publisher.
- 15. Tyler, G. Miller & Scott Spoolman. An introduction to Environmental science. Cengage Learning Publisher.
- 16. Ranen Sen. Environmental management. Levant Publisher.
- 17. Satyanarayana, S. Zade, S., Sitara, S. and Meshram, P. (2009). A textbook of environmental studies. Allied Publisher Pvt.Ltd.
- 18. Park K. (2017). Park's Text Book of Preventive and Social Medicine. 24<sup>th</sup> Edition. M/s. Banarsidas Bhanot Publishers.
- 19. Cromwell , L. Weibell, F.J. .Pfeiffer, E.A. Biomedical Instrumentation and Measurements, by, & Prentice-Hall of India Pvt Ltd.
- 20. 6. Katz, D. L. and Wild, D. (2013). Jekel's Epidemiology, Biostatistics, Preventive Medicine, and Public Health: With STUDENT CONSULT Online Access, 4e (Jekel's Epidemiology, Biostatistics, Preventive Medicine, Public Health. Fourth edition. Saunders
- 21. Wallace, R.B. (2007). Maxey-Rosenau-Last Public Health and Preventive Medicine. Fifteen Edition. McGraw-Hill Education.



# **B.Sc.(Honours) Physiology**

CBCS w.e.f. 2017-18

- 22. Heymann , D.L. (2008). Control of Communicable Diseases Manual. 19<sup>th</sup> Edition. American Public Health Association.
- 23. Magnus, M. (2007). Essentials Of Infectious Disease Epidemiology (Essential Public Health). 1<sup>st</sup> Edition. Jones & Bartlett Learning.
- 24. Ghai, P.O. Gupta, P. (2000). Essential Preventive Medicine. Vikas Publishing Pvt. Ltd.
- 25. Any other reference book related the semester syllabus.